

Joan Zeager's Communion Bread Recipe:

Preheat oven to 350 degrees.

Whisk together and set aside:

2 ½ cups white flour

1 cup wheat flour

½ teaspoon salt

½ teaspoon baking powder

Bring to a boil:

2 tablespoons butter

3 tablespoons honey

1 ½ cups milk



When cool, mix liquid and dry ingredients together. Form into a loaf that's about a ¼ inch thick (like a frisbee). Place on baking sheet and bake at 350 for about 30 minutes or until light brown on the bottom.

Form remaining raw dough into flat loaves, wrap tightly in plastic wrap and freeze. Defrost frozen dough before baking.